

## OUTCOMES MATTER



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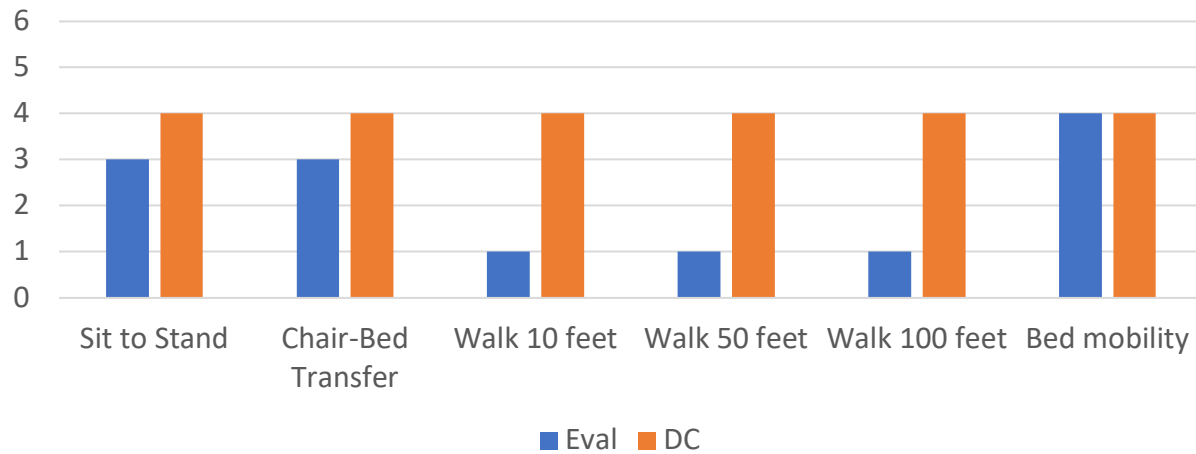
Ms. Houston admitted to Red Oak Health and Rehab on June 19<sup>th</sup>, 2024, due to a hospitalization for a total knee replacement. At that time, Ms. Houston was unable to ambulate with her rollator and required moderate to maximum assistance with dressing tasks, toileting, bathing, functional transfers, and bed mobility.

Prior to her hospitalization, Ms. Houston was living with her family and was modified independent in all functional transfers, bed mobility, ambulation, and activities of daily living (dressing, bathing, toileting, hygiene/grooming). Ms. Houston was also able to make simple meals and do her own laundry.

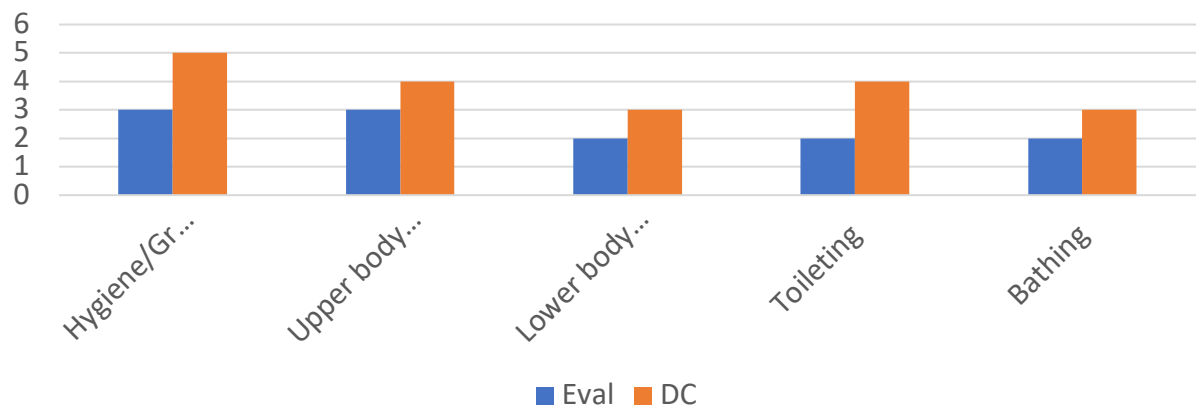
While Ms. Houston was with us, she had grit and determination to get back to her prior level of function. She pushed herself in therapy everyday to walk more and more even if it was only 1 step more than the day before. When Ms. Houston discharged from our facility on July 5, she was able to walk over 100 feet with her rollator, complete all bed mobility tasks with stand by assistance, and complete functional transfers with contact guard assistance. Ms. Houston could complete her daily tasks such as hygiene/grooming, upper body dressing, and toileting tasks with stand by assistance and bathing and lower body dressing with minimal assistance (patient is able to complete task with only 25% assistance).

We are extremely proud of Ms. Houston and all her hard work and dedication. She was able to return home with her family and continue doing all the activities she loves such as cooking! WAY TO GO!!

## Physical Therapy



## Occupational Therapy



### MDS Section GG Functional Scores

<b>06 - Independent</b>
Completes the activity by him/herelf with no assistance from a helper
<b>05- Setup or clean-up assistance</b>
Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.
<b>04 - Supervision or touching assistance</b>
Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.
<b>03 - Partial/moderate assistance</b>
Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs, but provides less than half the effort.
<b>02 - Substantial/maximal assistance</b>
Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.
<b>01 - Dependent</b>
Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of 2 or more helpers is required

for the patient to complete the activity.